

The Institute of Feminine Arts

Womb Awakening Apprenticeship



Spirit Keepers of the Womb

“Welcome to Womb Awakening Apprenticeships- Join the great revolution in Feminine Consciousness - Enter the Magic Doorway of transformation - Rebirth Yourself and the World”

The Womb Awakening Apprenticeship and Teacher Training Retreats will take you on a deep inner healing journey, awakening your Womb power, immersing you in wisdom of the feminine healing arts, opening you into the sacred union of your true Feminine/Masculine Essence, reviving your soulful feminine lunar consciousness pathways, and connecting you back to the Centre of Creation - the Universal Womb.

You will also immerse in the secret feminine mystery teachings of an ancient Womb Cosmology, woven from many worldwide cultures, including Tibetan, Hindu, Buddhist, Tantric, Sufi, Mayan, Egyptian, and gnostic-Christian - threading together a coherent vision of wisdom traditions to birth a New Earth.

If you choose, it will also give you the tools to assist others on their Womb Awakening journey, including a fully certified qualification from the Institute of Feminine Arts and IICT (Institute Of Complementary Therapists) in a deeply experiential and reflective in-person immersions and training.

There are 2 Spirals of Apprenticeship you can take with Institute of Feminine Arts. For the fully certified Womb Awakening Program (recognised & approved worldwide with IICT) you will need to complete:

- ~Spiral 1, 9Moon Womb Awakening Apprenticeship - Online Immersion
- ~Spiral 2, Womb Awakening 7-Day Facilitator Training Retreat
- ~Descent into the Underworld 30-Day Online Immersion

Spiral 1 Apprenticeship is for your own personal healing and awakening journey, whilst Spiral 2 & The Descent into the Underworld take you deeper into your awakening journey and also open the Magic Doorway to your Sacred Vocation as a Spirit Keeper of the Womb.

Every Awakened Womb has its own unique Sacred Signature - your contribution to the Divine Weaving of this work is incredibly valuable.

If you KNOW in your Womb and heart that you are called to and destined for this work, complete the application form and join the Wombship as she sets sail.

Blessings of the Womb to you!

Natalie Zukerman





The Institute of Feminine Arts

Womb Awakening 9 Moon Apprenticeship



Spiral 1

Womb Awakening Apprenticeship Online Immersion

Online home study for 9 Moon Cycles

1. Heart Womb Alchemy
2. Entering the Temple
3. Elemental Womb Medicine Wheel
4. Moon Blood Mysteries
5. Journey into Erotic Innocence & our Sexual Shadow
6. Sacred Union Alchemy
7. Sister Shadow & The Mother Wound
8. Feminine Leadership & Mentorship
9. Womb Shamanism

The Spiral 1 Apprenticeship begins every year on the New Moon in January

Exchange AUD \$3997 (payment plans available)

This is a home study immersion that includes ceremonies, transmissions, sacred body practices, shamanic journey audios, videos, E-books, podcasts and Zoom calls that take place in the comfort of your own space. On the 9-Moon Apprenticeship, we also include private online mentoring sessions held by one of our Institute Of Feminine Arts Lead Facilitators.

As part of the online Apprenticeship:

~ You will be invited to join an online Womb Circle "Nest" which is facilitated daily by Natalie Zukerman + Support Facilitator

9 x Comprehensive E-books for each wisdom spiral

~ Sacred body practices, shamanic journeys, ceremonies, transmissions, videos and podcasts for each wisdom spiral.

This is a journey of personal Healing and Awakening



Womb Awakening Online Immersion

This home-study immersion is a powerful dive into the Feminine Dimension and the inner shamanic realms of Womb Consciousness to reclaim your power and feminine light. You will journey through different aspects of the feminine mystery teachings to rebirth yourself in a new frequency of love. You will be invited to dive into 9 Moon Cycles scheduled over the 9 months starting on the February Dark Moon/New Moon.

~This immersion is for those desiring ~

- ~ Personal healing, transformation and deep shamanic psyche work
- ~ An initiation into the power of the Womb Awakening teachings
- ~ Reconnection to your primordial inner feminine wisdom and light
- ~ To experience the ancient feminine ecstatic healing arts
- ~ to be a facilitator of this work, Spiral 1 and Spiral 2 are required courses

~ During this immersion you will receive ~

- ~ Shamanic Ceremonies taking place in your own sacred space
- ~ Womb of Creation Energy Transmissions received in your sacred space
- ~ Daily practices from the feminine mystery traditions, including:
 - Shamanic Womb Journeying
 - Guided Journeys and Meditations
 - Movement Meditations & Body Prayers
 - Womb Awakening Feminine Breathwork
 - Quantum Feminine Healing Techniques
 - Sacred dance & Sacred Sound Immersions
 - Feminine Prayers & Sacred Incantations
 - Self-Care & Feminine Embodiment Techniques
 - Sacred Union Teachings from the Path of Love
 - Core Wound Mapping, Collective and Ancestral Healing
 - Journey into the Womb & Sacred Feminine Medicine Wheel
 - Reclaiming the Voice of the Womb and Feminine Power
 - Sacred Sexual Healing & Awakening

- Lunar and Menstrual Mysteries & Rituals
 - Feminine Leadership & Mentorship
 - Opening the Heart & Activating Shakti
- Womb Grid Meridian Awakening & Solar/Lunar Alchemy
- Womb of Gaia and Cosmic Womb Activations & Cosmology
- Lost Feminine Shakti Teachings of the Ancient Womb Shamans

~ Resources to support your immersion ~

- ~ Comprehensive written materials to support each Wisdom Cycle, you will receive an in-depth booklet for each new Wisdom Spiral.
- ~ Spoken Word Audio Journeys, Transmissions, Podcasts & Live Zoom Circles
- ~ Video Teachings, Inspiration and Instruction
- ~ Inspirational and Educational Womb Podcasts with sharing held by Natalie Zukerman + 9 Moons Support Facilitator
- ~ 2 x Private 1:1 Womb Awakening Zoom sessions with Institute Of Feminine Arts Lead Facilitator
- ~ Membership of a supportive online Womb Circle to share and be witnessed in your unfolding journey

~ Additional Options to Support your Journey (at additional cost)

- ~ Attending a Womb Awakening Weekend Retreat, Womb Grief Ritual, Sacred Womb Sounding - Events are held worldwide - please check the events schedule
- ~ Womb Awakening / Clinical Hypnotherapy and private mentorship Zoom sessions with Natalie Zukerman

~ What this Online Immersion does not include ~

- ~ In Person Retreats, Workshops, Circles
- ~ Personal contact with Institute Of Feminine Arts founder outside of private forum, Zoom calls and Womb Circle.

** Additional Options are Not Included in the Price of the Apprenticeship but they are highly recommended as a support to deepen your Womb Awakening Journey.*

Feminine Wisdom Blooms From Within. Your Womb is Calling.....

Our Womb Ecology Becomes Our World Ecology...

Are you ready to join the worldwide Womb Consciousness revolution?

Now is the time for radical, passionate and joyful transformation!

Testimonials:

The Institute of Feminine Arts 9 Moon Apprenticeship training will take you on a deeply nourishing journey through many unique and ancient practices to meet and explore the sanctum of your innermost self. This nine-month apprenticeship is impeccably held by the institute's founder; Natalie Zukerman.

Nat's 20+ years of experience shines in the wisdom she shares and the grounded, down-to-earth support she leads with. Nat and her team create an impeccably safe container for all who embark on this journey together, and provide a rich foundation from which to explore the many undiscovered, forgotten and hidden aspects of the relationships with yourself, your ancestors, partner, family and the world at large.

The journey is deep, and the women who attended brought a beautiful diversity of life experience which enriched the group and truly led to a feeling of being part of an eclectic, global feminine mystery school. Nat will teach you new ways to connect to the sacred path of time-honoured women's work, the practices will support you to heal and honour your womb and heart. You'll learn new and exciting ways to connect with your creative essence and how to integrate your intuition, embody your womb-wisdom, enjoy your sexuality and listen to your deepest longings. The apprenticeship holds you safely and guides you gently as you commit to retrieving the gifts of self-love and awakening in wonderful company, with expert guidance, and in the loving embrace of the feminine.

Annie Klein, UK

'After years of disconnection from my womb, I have started tuning in and listening to her. I have been on the womb apprenticeship programme and have already experience a lot of magical healing. I was able to tap into unresolved emotions that were stored in my womb for many, many years. It was a powerful journey to see these old wounds surface and be held in a space of support from my incredible facilitator - Natalie, and also the sisterhood. Nat taught and weaved her love and experience beautifully for us all. I felt safe and held in my vulnerability. I was able to free old anger and grief therefore allowing me to fully be here, present in my relationships and within myself. I learnt so much about tapping into the infinite subconscious mind and the beauty and power of surrender. Thank you. I have so much gratitude this work exists.'

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- Christine Do, Australia

‘These journeys have rocked my world beyond any ‘work’ I’ve encountered. Accessing and ReAwakening the Feminine Dimension that’s been Conditioned to be closed down regardless of our gender.’

- LP, USA

‘This blessed Womb Awakening journey brought me to a deep and powerful connection with my womb gnosis, and ultimately changed me in a way that is impossible to describe in words. I felt a colossal shift in my experience of being a woman, into embodying my innate femininity and masculinity in balanced, wombic ALL-ness.. It is a true moon-womb mystery school – a method of re-learning and re-memembering what is so innately feminine. This immersion changed my life – my eternal gratitude to ALL the womb sisters who, in their deepest love, guidance, authenticity and acceptance, know not the strength and wisdom they bestowed upon me.’

- NVB, UK

The 9 moon apprenticeship is a profound and magical journey that takes you into the depths of your being to reclaim and remember your power, wisdom and love in an embodied way. Nat is an amazing mentor and space holder, always ready to receive us with arms & heart wide open, always willing to answer our questions. Her passion, expertise, love, care and devotion are deeply felt throughout all that she offers and will carry you throughout these 9 moons in a way that is so gentle yet deeply empowering. Thank you, Nat. I also want to take time to THANK YOU again from the bottom of my heart for your loving space holding, you are an inspiration. And for taking the time to respond to all my questions. I look forward to continuing learning from you. With love & gratitude,
TINNE, Belgium

I will be forever grateful that the universe has lead me to this work with the beautiful Nat Love. I have always had a deep desire to support women to connect in with their true essence, and I have participated in workshops both as a participant and crew support, prior to finding the Institute of Feminine Arts. It was always a powerful and amazing experience, but when I trained with Nat I realised what was missing for me. The safe, soft, loving and nurturing space that Nat holds, and you feel her wisdom flow from a place of complete love and she meets you where you’re at. I highly recommend any of the courses that Nat teaches to anyone who is searching for a deeper, inner connection with themselves and then to impart that wisdom to other women through the vibration of love.
TANYA DALE, Australia

REGISTRATION INFORMATION

How to join a Womb Awakening Spiral 1 & 2

Online Apprenticeship Spiral 1: AUD\$999 Deposit will confirm your place.

Facilitator Training Spiral 2 Retreat: AUD\$999 deposit will confirm your place.

Register on our website for Spiral 1 & 2 Facilitator Training retreat, or email us to pay a deposit for Spiral 1 or 2. Then complete a Spiral 1 Personal Info Form (found on the website) before the course begins.

*** Please note that all deposits for the 9 Moon Apprenticeship and the in-person retreats are not refundable or transferable.

Facilitating Certification

Participants who graduate from an online Spiral 1 Nine-Moon Apprenticeship AND a Spiral 2 Seven-Day Facilitating Retreat can receive a certification to facilitate Institute Of Feminine Arts Womb Awakening workshops, Womb Grief Rituals, & Womb Awakening Retreats, as well as hold Moon Circles. Their events can also be listed on the Institute Of Feminine Arts newsletters.

Advanced training in Mentoring and one to one sessions with clients is available for those who wish to go farther with this work. The fully certified training is recognised and approved worldwide by IICT.

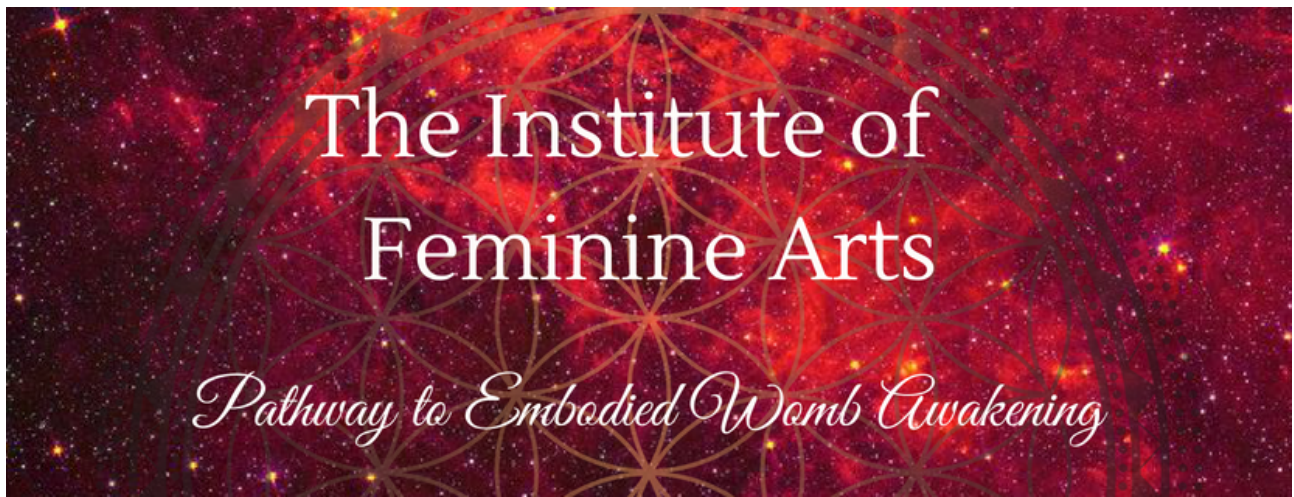
Additional Information

All Apprentices will receive extensive written material and guided audio-journeys to support each of the online wisdom cycles and advanced trainings.

Included in the 9 Moon Apprenticeship is 2 x private 1:1 Womb Awakening Mentorship Zoom sessions with one of our Lead Facilitators.

Personal mentoring Zoom sessions with Natalie Zukerman or any of our recommended mentors can be arranged privately at an additional cost and are highly recommended.

The Apprenticeship Spiral 1 Womb Circle and Zoom share calls will be facilitated by Natalie Zukerman + our 9 Moons Support Facilitator.



ABOUT THE INSTITUTE OF FEMININE ARTS



Natalie Zukerman is founder of The Institute of Feminine Arts. This is a global School for women, walking the path of love and Sacred Union.

Dedicated to reawakening the Sacred Feminine on earth again, the Institute offers profound and transformational tools for awakening your wild feminine essence in a heartfelt and deeply embodied way. Our purpose is to inspire women to unravel their limitations, blockages, deep core wounds and heal their ancestral lineage through a pathway of ancient feminine teachings, in joy, beauty and pleasure.

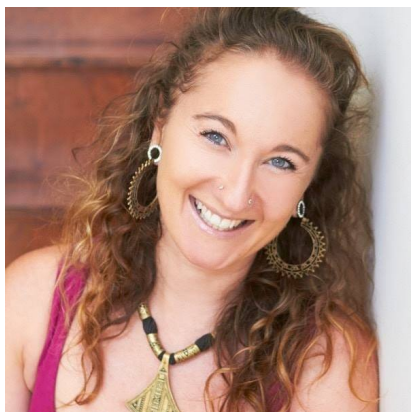
The pathway of Womb Awakening opens a magical doorway and portal within your very Womb, where you can connect and access your own power, wisdom, and healing. This feminine healing pathway awakens us to the blueprint of sacred union woven into the very

fabric our being. This allows us to heal and unite the masculine and feminine, within our body, psyche and in our intimate relationships.

We offer you an invitation to open this doorway within and be replenished by your own source of Sacred Feminine essence and Shakti.

Take your seat in the circle, sit upon the throne of your Womb Power. Honour the lineages that have walked before you, your ancestors that have held the red thread of the Divine Feminine, take it now, weave the threads, and create magic in your life!

Do you hear the call?



Natalie is an intuitive Womb Priestess & Spirit Keeper of the Feminine Mysteries. She is a Womb Awakening & Feminine Arts Teacher Trainer, Founder of Womb Awakening Australia and The Institute Of Feminine Arts, and has facilitated hundreds of women on their 9 moon Womb Awakening Apprenticeship. She is a Master Clinical Hypnotherapist, Master NLP Practitioner, Life Coach and holds a Diploma in Modern Psychology.

Natalie is also a body worker, Womb Hara Therapist, Kahuna & Chi Nei Tsang therapist and specialises in Shamanic Healing and journeying in which she has been practicing for 20 years, along with many other healing modalities that create profound change at the level of the unconscious mind. She is also Founder of Integrative Womb Hara Massage and facilitates this in a 6-day in person fully Certified Practitioner Training.

Natalie spent 17 years traveling around the world devoting herself to learning from various Shamanic Tribes and Elders. Her journeys have taken her to the most remote places on earth. She has studied for many years with Nagual "Lujan Matus" & spent time in the Sierra Nevada De Santa Marta, Colombia with the Kogi and Arhuacos Indians. She has studied yoga & meditation in the Indian Himalayas for 7 years & lived amongst the nomads of Tibet and Mongolia. Natalie is a Shamanic Priestess whom is dedicated to her path and in remembering the Sacred Mysteries.

She works in depth with women whom have suffered through all types of abuse, trauma and fertility issues and is a direct guide to Feminine Empowerment. Devoted to guiding women and men in their spiritual growth, healing & awakening the magic of the feminine dimension within, and helping to unite the masculine and feminine into sacred union.

Natalie has a gift in aligning people with their supreme version of life and unraveling their limitations, blockages, and deep core wounds from their past and ancestral lineage.

Natalie also offers Womb Healing Sessions, Womb Hara Massage, Zoom Sessions, Clinical Hypnotherapy sessions, Life Coaching, Past Life Regression, Energetic Transmissions, Tibetan Womb Pulsing & Feminine Breathwork Classes, & holds Teacher Training Retreats, workshops & Womb Circles in Australia and Worldwide.

For more information please visit our website: www.instituteoffemininearts.org



With Love and Blessings, Institute Of Feminine Arts